



INNER PEACE

I am passing this on to you because it definitely worked for me, and we could all do with a little calm. By following the simple advice I read in an article, **I have finally found inner peace.**

The article read: "The way to achieve inner peace is to finish off all the things you have started".

So I looked round the house to see all the things I had started and hadn't finished - and before leaving the house this morning I finished off a bottle, of red wine, a bottle of white wine, the Baileys, three Bacardi Breezers, the Jack Daniels, the Prozac, some Valium, some cheesecake and a box of chocolates.

You have no idea how bloody good I feel!

*You must pass this on to those you
feel are in need of inner peace.*